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Discover the culinary delights of Lee's Restaurant in Rivers



Lee's Restaurant located at 540 Second Ave, Rivers.

By Carolyn Phillips
RIVERS BANNER

Nestled in the heart of Rivers, MB, Lee's Restaurant offers a unique blend of Chinese and Canadian cuisine that captivates the taste buds of locals and visitors alike. With its cozy ambiance and commitment to quality, Lee's has become a beloved spot for food enthusiasts from surrounding towns and cities. Owned and operated by the Li family, Lee's Restaurant is more than just a dining establishment; it's a communal hub where delicious food and impeccable service come together. Karen Li and her family have dedicated themselves to creating a welcoming atmosphere, making every dining experience memorable. Whether you are stopping by for a casual lunch or celebrating a special occasion, the warm hospitality at Lee's Restaurant ensures that you feel like part of the family. One of the highlights of dining at Lee's is the weekend evening buffet, available Friday through Sunday from 4:30 PM to 7:30 PM. This buffet offers an extensive selection of dishes that showcase the best of Chinese and Canadian culinary traditions. Guests can indulge in mouthwatering options, from savoury stir-fries and noodle dishes to comforting Canadian classics. It's the perfect opportunity to sample multiple dishes and satisfy a

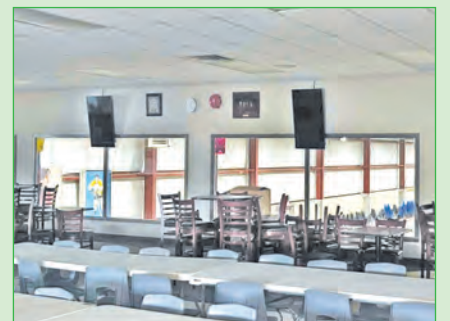


PHOTOS BY CAROLYN PHILLIPS

Inside Lee's Restaurant, the buffet sits ready to serve the crowds.

range of cravings, making it ideal for families and groups. The restaurant operates from Tuesday to Sunday, opening its doors at 11:00 AM and serving meals until 7:30 PM. This convenient schedule allows patrons to enjoy lunch or dinner at their leisure, with ample time to savour every bite. Whether you're in the mood for a hearty meal or a light snack, the diverse menu is designed to cater to all tastes. Lee's Restaurant is also a proud member and supporter of the Rivers & District Chamber of Commerce, demonstrating its commitment to the local community. The Li family believes in giving back and actively participates in local events, showing that their dedication extends beyond the kitchen. This community-oriented mindset resonates with customers, fostering a loyal patronage that keeps them coming back for more. In addition to its delightful dining experience, Lee's Restaurant offers catering services for events of all sizes. Whether you're planning a small gathering or a large celebration, the culinary team at Lee's can customize a menu to fit your needs, ensuring that every dish is as memorable as the occasion itself. The Li family's attention to detail guarantees that your event will be filled with delicious food and happy memories. What truly sets Lee's Restaurant apart is its genuine commitment to customer satisfaction. The friendly staff goes above and beyond to ensure that each visit is enjoyable, making it a favourite among both residents and travellers. The combination of a welcoming atmosphere, delicious food, and excellent service creates an experience that leaves a lasting impression. So, whether you're a local looking for your next favourite restaurant or a traveler passing through Rivers, MB, make sure to visit Lee's Restaurant at 540-2nd Ave. Experience the flavours, warmth, and hospitality that have made this establishment a culinary gem in the region. Gather your friends and family, and prepare for a dining experience that promises joy, flavour, and community spirit.

Inside...



**HAMIOTA &
DISTRICT
SPORTS
COMPLEX** *P12*



**FARMERS'
ADVOCATE** *P5-8*

Many fine words, but no result

Submitted
By CONSERVATIVE PARTY COMMUNICATIONS

Ottawa, ON—Scott Aitchison, Conservative Shadow Minister for Housing, issued the following statement regarding the latest data from the Canada Mortgage and Housing Corporation (CMHC):

“Prime Minister Mark Carney promised to double housing construction to 500,000 units per year and move forward at a pace not seen since the Second World War. Instead, CMHC announced today that housing starts fell by nearly 4 per cent in the first eight months of 2026 compared to the same period in 2025.

“This means that 6,100 fewer housing starts were started nationally in the first eight months of this year compared to the same period last year. Housing starts were down 30 per cent in Nova Scotia, 16 per cent in Alberta, 11 per cent in New Brunswick and 10 per cent in British Columbia. In urban centres with a population of 10,000 or more, housing starts in August 2026 were down 2.3 per cent compared to August 2025.

“Worse still, new estimates indicate that housing starts in Canada would need to increase to between 417,000 and 469,000 per year for housing affordability to return to pre-2020 levels by 2036. However, with Mark Carney, this number is expected to fall from more than 250,000 to just 203,500 by 2028.

“As residential construction increasingly lags behind demand, the consequences are very real. Young Canadians are being forced to postpone important decisions while the Liberals continue to fail to build more homes. Canada has become a nation of renters, as rental housing dominates the new housing supply in most major markets, with purpose-built rental housing now accounting for two-thirds of all housing starts.

“Meanwhile, the number of known cases of homelessness has increased by

more than 23 per cent in just three years to surpass 76,000 in Canada’s most populous province. Chronic homelessness has jumped by more than 37 per cent in just two years, now accounting for nearly half of all known people experiencing homelessness in Ontario.

“Even the Financial Accountability Office has confirmed that lack of housing affordability has played a major role in homelessness. Ontario’s median market rent increased by 19.3 per cent between 2022-2023 and 2025-2026, while income for low- and middle-income households increased by only 14.1 per cent.

“Instead of removing barriers to housing construction, Mark Carney is simply adding to the bureaucracy, trapping builders in paperwork without speeding up approvals or cutting costs. He continues to offer temporary tax schemes instead of real solutions that increase the supply of housing.

“Mark Carney also chose to leave Canadians behind with a \$1.45 billion bill for the purchase of vacant and expensive condominiums, instead of working with the Conservatives to cut development charges in half and permanently eliminate the GST on new housing.

“Big speeches and new bureaucracies don’t build housing. Mark Carney just talks, without getting results.

“To find a real solution, Mark Carney needs to eliminate taxes and bureaucracy so that builders can build and Canadians can own their homes.

“That’s why the Liberals must pass our Conservative plan to eliminate the GST on new homes under \$1.3 million. This would save buyers up to \$65,000, while also encouraging the construction of an additional 36,000 units per year.

“The Conservative plan would also speed up permitting and lower development charges to lower prices and help restore the promise of affordable housing for all Canadians.”

CARAMEL APPLE CAKE

Ingredients

- 1 1/2 cups heavy cream
- 1/2 teaspoon apple pie spice
- 1/4 cup caramel sauce, divided, such as Smucker’s®
- 28 cinnamon graham cracker squares
- 1/2 cup apple jelly

Directions

1. Beat heavy cream, apple pie spice, and 3 tablespoons of the caramel sauce with an electric mixer on medium speed until stiff peaks form, about 2 minutes; set aside.
2. Crush 6 of the graham cracker squares in a medium bowl; set aside. Spread 1/3 cup of the whipped cream on a long platter in an 8-inch-long and 3-inch-thick line. Working with one cracker at a time, spread about 1 tablespoon of the whipped cream to cover one side of the cracker. Dollop with about 1 teaspoon of the apple jelly and stand vertically on the prepared platter. Repeat with remaining crackers, pressing each cracker against the previous one to create a log. Frost top and sides of log with remaining whipped cream mixture. Insert several toothpicks into log and cover with a large bowl; refrigerate for at least 6 hours or up to 8 hours.
3. Drizzle chilled log with remaining 1 tablespoon caramel sauce. Press reserved crushed graham crackers gently around sides of the cake. Slice on a diagonal to see all the layers.



DO YOU HAVE NEWS?
Call, or email us!



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The Rivers Banner
will have an
Early Deadline for the
October 2nd issue:
12 noon, Monday, September 28th



as our office will be closed Wednesday, September 30th for
National Day for Truth and Reconciliation



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Parenting is hard work. Beautiful work, meaningful work, work we wouldn't trade for anything, but still work. We love our kids. We love watching them grow into their own fully formed selves. We love seeing the tiny flashes of who they're becoming. But raising good humans takes effort, patience, and energy on a normal day. And on the days when you're sick, that effort becomes something else entirely.

Because unlike your job, your kids don't have a backup system. You can call in sick at the office. You can postpone a meeting, reschedule a deadline, let the equipment sit for one more day. But you can't call in sick from parenting. Children don't pause their needs because you're running a fever or your body feels like it's made of wet cardboard. They still need snacks, supervision, answers to impossible questions, and someone to referee the argument about who gets the blue cup.

Parenting while sick is a particular kind of challenge that only parents truly understand. Trying to manage a feral toddler while you're shivering under a blanket with a 102 degree fever is not a scene they put in parenting books. It's survival mode. It's doing the bare minimum while hoping the minimum is enough. It's counting down the minutes until bedtime and then realizing you still have dishes, laundry, and a school form you forgot to sign.

And yet, we do it. Every day, every minute, no matter how we're feeling. There is no off switch. No sick day. No substitute teacher waiting in the wings. Even when you're lucky enough to have a partner who steps up, like the lucky ones of us, the guilt still creeps in. The guilt of needing rest. The guilt of not being able to give your best. The guilt of watching someone else carry the load you normally shoulder without thinking.

But here's the truth we

don't say out loud often enough: parenting while sick is still parenting. It still counts. The days when you're exhausted, foggy, or barely upright are not failures, they're proof of your commitment. They're evidence of the quiet, unglamorous resilience that defines so much of modern parenthood.

Kids don't remember the days you were sick and the house wasn't perfect. They remember the stability. The presence. The fact that even when you were running on fumes, you were still there. They remember being cared for, even if the care looked a little different that day.

So, if you're parenting through an illness right now, whether it's a cold, the flu, or just the kind of exhaustion that settles deep in your bones, give yourself grace. You're doing enough. More than enough. You're showing your children what perseverance looks like, what love looks like, and what it means to keep showing up even when life gets heavy.

And when you finally get better, when your energy returns and the fog lifts, you'll go right back to the full version of yourself. But the version of you that parents through sickness? That one deserves credit too. That one is doing some of the hardest work of all.

An Armchair Tour to Africa

Submitted
BY DIANNE KOWALCHUK

Travelling is a favourite pastime of many people. Some prefer short jaunts to nearby places, and their love to travel far and wide for long periods of time. Sue Citulsky is one of those people; she and her husband Ron have travelled to many places around the world. Rivers Women's Institute (WI) members were pleased to welcome Sue to a recent meeting where she narrated a slideshow of photos from a recent trip she and Ron took to the countries of South Africa, Zimbabwe, and Botswana. Her pictures were amazing, and we were able to get a sense of the people and places through her eyes and words.

The WI members were happy to gather after the summer break. As usual, we spent some time in conversation with one another – our roll calls are a good way to get to know our neighbours! We were pleased to receive a thank-you card from Raihn Paddock, the recipient of the WI Grad Award for the Runner-up to Highest Scholastic Achievement. Well done, Raihn. Good luck with your university studies.

There are some topics that people really don't want to talk about. "Estate planning" and "funerals" are two of them. If we were honest, however, we would know that it is smarter to talk about these things before a death occurs. Rivers WI has invited Joy Bowman, a Pre-Planning Specialist, to speak at the next meeting. She will not be giving her full presentation, but rather a summary of important information, including the value of funeral pre-planning, tips to minimize the stresses that executors face, and tools to help organize estate paperwork. Perhaps we all need to think about ways that we can make our deaths easier for our loved ones. This meeting will be held at Kiwanis Courts on Friday, October 16. For more information, call Pat Dyck (922-2820) or Dianne Kowalchuk (328-7690).

Women's Institute (WI) has been active in the Rivers area since 1949 (and before that, from 1917 – 1942). This group meets a need in this community. We offer a supportive and caring social network, we support the community when we can, and we offer programs that are educational and fun. Visitors are always welcome!

Permanent daylight-saving time

Submitted
BY MB GOVERNMENT

After listening to the views of Manitobans on seasonal time changes, the Manitoba government has decided to remain on daylight saving time (DST) permanently. Premier Wab Kinew announced today. "We heard from Manitobans loud and clear – no more changing the clocks

in Manitoba," said Kinew. "Permanent daylight-saving time is good for our health, good for business and good for parents. For families, especially those with young kids, that one-hour shift can disrupt sleep and routines for days. This change means one less adjustment families have to deal with each spring and fall. That's why this November your clocks won't be changing."

This change means Manitobans' clocks will not revert to standard time on Nov. 1. Manitoba joins several other provinces and territories that have adopted or are moving toward a permanent time including British Columbia, Yukon, Northwest Territories, Alberta and Saskatchewan. In May, Manitobans were asked to share their views on the future of time changes and nearly 72,000 votes were submitted. A total of 92 per cent of Manitobans surveyed wanted to see an end to seasonal time changes. A majority of Manitobans (58 per cent) preferred to stay on permanent DST, while 34 per cent voted to eliminate the time change but stay on standard time.

The Manitoba govern-

ment is working closely with organizations, businesses and industry partners as it works to implement permanent DST, the premier noted.

"Permanent daylight-saving time is good for Manitoba businesses," said Loren Remillard, president and CEO, Winnipeg Chamber of Commerce. "More daylight in the evening means more opportunity for restaurants, retailers, farmers, and communities across our province to make the most of the day. Ending the twice-a-year clock change reduces friction for companies working across provincial borders and offers all Manitobans greater predictability and stability. The Winnipeg Chamber welcomes this practical step to make doing business in our province a little easier."

An analysis by Manitoba Health, Seniors and Long-Term Care concluded that eliminating time changes would be better for population health than maintaining the status quo.

The full report is available at: https://manitoba.ca/asset_library/en/proactive/20252026/time-policy-factsheet.pdf.

Wordsearch from last weeks cover

T I Z F B B C P G U H N E O R
T Y B U A L M O K N Y C T L I
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- 1. Readers
- 2. Booked
- 3. Extra
- 4. Members
- 5. Library
- 6. Chairs
- 7. Grant
- 8. Donated
- 9. Funds
- 10. Junior
- 11. Chamber
- 12. Modern

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JESUS IS LORD

Tundra

By Chad Carpenter



Homebodies

Rita Friesen



Alas and Alack

The phrase itself is an old one used to show great sadness, regret, or disappointment. AI says that people rarely use this phrase today, except when they want to sound dramatic or funny. Trust me, in this case it is not the latter, but a phrase to indicate great sadness.

Alas and alack, the oven needed cleaning—desperately needed deep cleaning. It is my custom to use the aluminum oven protector sheets, however there comes a time when the spill exceeds that boundary! I had baked a set of apple pies, and planned on baking another set. I turned the oven to the required 425 degrees as I began rolling out the dough (wouldn't it be more fun to be rolling in the dough? But I digress...)

It began with a whiff of smoke puffing out the exhaust vent. I took a peek. First things first—remove the smoke detector cause it's about to whine! I decided that because the process had begun, the die had been cast so to speak, let the crud burn off and go ahead with the baking. Windows wide open, bathroom fans at full howl, and the range hood thingie on high as well, and occasionally opening the oven door and swinging it forth and back— and slowly the air cleared. (You know you can't go back until you have gone forth— right? Again, I digress). Very much aware that with the over abundance of apples I would be baking more, and more, pies, the decision leaned to the cleaning. Not my favourite task. I wondered if I could bypass some of the scraping if the charcoal area was dampened, liberally sprinkled with baking soda, and topped with a damp paper towel and left overnight. The idea proved genius, and if this is a method you have used for generations, I don't need to know about that! The next morning the oven interior wiped ever so clean with only one spot that required a repeat treatment. To say I was satisfied is an understatement.

The oven protector had done a great job, the mess simply exceeded the coverage provided. The hunt was then on for a replacement. After checking several retail outlets and coming up empty, I wondered if it would work if I simply lined the oven with aluminum foil. I won't have to find out, yet, for the last place I looked had the liners in stock.

My least favourite room in my home is the kitchen, which is unfortunate for my most favourite room in my home is the dining room! I fed the first family well; home made meals, baking and cooking. I was pleased to discover that a meal of soup, stew or chilli was welcome as long as there were fresh buns and pies. And I make great buns and pies! I'll admit the second set of children had more fast foods, packaged food, than perhaps was good for them, but they, too, forgave much for buns and pies!

So, alas and alack, the oven needed cleaning. With a minimum of effort and no fowl or eye wiping stench, just good old baking soda, the job is done.

Bearing down on the facts

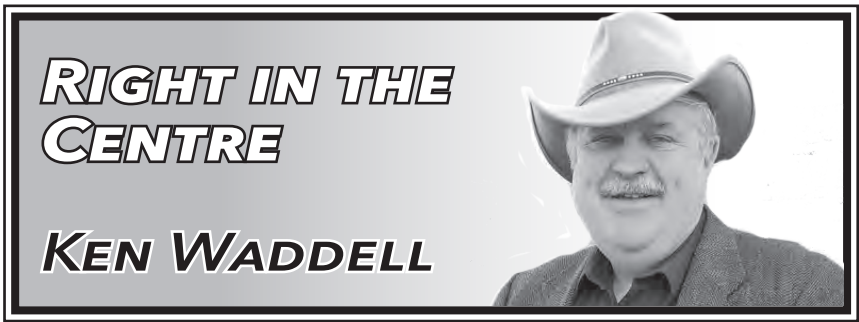
It's important to examine the facts surrounding news stories.

Apparently some people in England want to see the famous guards at Buckingham Palace make a change in the very traditional and unmistakable head gear. I am speaking of the high bearskin "hats" that the guards wear. That image is likely one of the most famous symbols in British history. It was reported this past week on the British Broadcasting Corporation (BBC) that a letter was sent to British Defence Minister Luke Pollard from 18 MPs and one member of the House of Lords. The letter urged the government to stop using bear pelts sourced from legal culls in Canada and instead adopt faux-fur alternatives.

To me this seems to be just another case of virtue signalling as it's not as if we're short of bears in Canada. There are places where you can find lots of them, sometimes you can find 10 or 15 all in one spot albeit at a bear-baiting station. If you want to see bears, you can go to many farm yards and rural acreages. They come in the front yard, they walk up on your deck and they look in the window. No, we are not short of bears in Canada.

The people who want to do away with bear hunting simply don't understand the economics and the ecology of bears in countries like Canada. Left unchecked, the bears would become not just a nuisance but dangerous to people and certainly to livestock. I guess it's important to understand they would want to save bears lives but if you save every bear's life there would be no control of the population of bears in the cottage, lake and wild country. Unchecked in Canada you will have lots of problems a lot bigger than a few bears.

There's another area of wildlife management that gets completely



Right in the Centre

Ken Waddell

“Believe me, the people of Churchill don't want too many polar bears around their community.”

carried away and that is the Canada goose population. There was a time when there was a shortage of geese in southern Manitoba. I can remember when people would get permits to have geese on their property so they could propagate and increase goose population. That was about 50 years ago and now there are geese literally everywhere. By everywhere, I mean parks and golf courses as well as even downtown areas in just about any urban district. I have long said, and I sincerely believe, that geese are a bird that should be harvested. In large numbers they are dangerous and make park areas almost unusable. I am told that Canada geese are not that great for eating but I also understand that there's some good meat on them. They could be harvested in a humane as way as possible and the meat given to the food banks and food shelters across the city or anywhere else where there are food banks. I find it amazing that groups, and it's largely urban groups, have lost touch with reality in regard to wildlife populations and management of wildlife. Many years ago there

was a big move afoot to do away with fur trapping in Canada. The First Nations and Inuit people of Canada had to actually go to Europe and have discussions with the protesting people who were objecting to trapping and let them know this is not only a way of life, it's a source of income, a tradition, a culture and in fact, unless you have some trapping and culling, you're going to have problems with the wildlife population. Believe me, the people of Churchill don't want too many polar bears around their community. It's all fine and dandy to say that you're gonna live in harmony with wildlife but it has to go both ways. Once the population of wildlife is overly abundant, there are problems with disease, with wildlife being predators in the livestock population. In some cases wildlife like bears, wolves and cougars will injure or kill humans out on a hike. It's important that we bear down on identifying realistic practices.

Disclaimer: The views expressed in this column are the writer's personal views and are not to be taken as being the view of the Banner & Press staff.

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An open fall may offer opportunity for farmers

Submitted

DUCKS UNLIMITED CANADA

For Manitoba farmers looking for ways to get more from every acre, late fall can be the right time to tackle fields that consistently struggle to produce a profitable crop.

Floodprone, weedy, saline areas can quietly eat into farm profitability year after year. Rather than continuing to apply crop inputs and fight with wet, saline acres that simply don't pay, farmers can consider perennial forages as a longer-term solution.

Ducks Unlimited Canada (DUC) is encouraging farmers to take advantage of the fall window for dormant seeding as part of its Marginal Areas Program.

Continued on next Advocate page



PHOTO COURTESY OF DUCKS UNLIMITED CANADA

Ducks Unlimited Canada says that farmers may still be able to make use of their marginal acres.

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'Every marginal acre has its own challenges'

Continued from First Advocate page

"Some acres aren't as well suited to growing annual crops year after year," says Daphne Appleyard, a marginal areas specialist with DUC. "Fall is a good opportunity to start changing that equation by establishing perennial forages. Perennials reduce the need for annual crop inputs, provide ground cover to reduce erosion and weed pressure, and deep roots use moisture more efficiently than annual crops while mitigating nutrient losses from runoff."

Marginal acres are widespread across the Prairies. Research by DUC partners estimates that about 13 acres in every quarter section are marginal farmland—millions of acres across Manitoba, Saskatchewan and Alberta that remain persistently unproductive despite fertilizer, crop protection products and careful management.

For farmers, those areas can represent a significant

financial loss. Perennial forages provide another option, putting those acres to work while protecting the soil and building a productive forage stand.

Get the timing right

Dormant seeding is designed to put seed in the ground late enough in the fall that it remains dormant until spring.

Although field margins may be currently saturated in some areas, Manitoba soils have a natural ability to infiltrate surface water. And field conditions can change quickly. If long-range weather forecasts hold, prairie farmers could expect to see an open fall with time post-harvest to reclaim challenging acres before freeze up.

Soil temperatures and field conditions should be closely monitored and Appleyard recommends waiting until soil temperatures are below 5C. "You want to seed late enough that the seed stays dormant, while still ensuring



PHOTO COURTESY OF METRO CREATIVE CONNECTION

Farmers have been busy harvesting their flourishing crops, but Ducks Unlimited Canada has advice for that may help with their marginal acres, too!

good seed to soil contact. Planting too early can allow seed to germinate prematurely during a warm spell, increasing the risk of winterkill."

A diverse forage mix that incorporates both salinity and moisture tolerance will improve establishment, particularly on field edges or wetland margins.

DUC recommends using both grasses and legumes and increasing the seeding rate to mitigate potential establishment losses.

Farmers should also keep expectations realistic. Saline-tolerant perennial forages can take two to three years to fully establish and some areas may need touch-up seeding.

"Rehabilitating marginal acres is a process," says Appleyard. "The goal is to establish a competitive perennial stand that fills in bare areas and gradually outcompetes weeds. It may take some patience, but the long-term payoff can be worthwhile."

Rebates and ag support available

DUC offers rebates to farmland owners looking to address marginal acres, including areas affected by excess moisture and salinity. A bonus discount is available when sourcing seed through Nutrien, and additional incentives may apply to land financed through Farm Credit Canada.

In Manitoba, the Marginal Areas Program is supported in part by funding from Manitoba Habitat Conservancy (MHC) through the Conservation Trust. Established by the Province of Manitoba, the Conservation Trust is an innovative way to fund

nature-based approaches to climate change mitigation and habitat conservation.

Beyond rebates, DUC provides one-on-one agricultural extension support tailored to each farm's specific needs including seed blend, establishment logistics, and ongoing management recommendations.

"Whether you're dealing with flooding, salinity, or field compaction issues, every marginal acre has its own challenges," says Appleyard. "We can work with farmers to look at the conditions they're dealing with and find a forage and management approach that makes sense for their operation."

For more information about DUC's Marginal Areas Program, available funding and agronomic support, visit <https://ag.ducks.ca/program/marginal-areas-mb/> or contact DUC's Brandon office at 204- 285-9779.

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**EFFICIENCY
MANITOBA**



Regen Ag Conference features an all-star cast

By Duncan Morrison

MANITOBA FORAGE AND GRASSLAND ASSOCIATION

Note: Duncan Morrison is the Executive Director of the Manitoba Forage and Grasslands Association.

The Manitoba Regenerative Agriculture Conference is coming to Brandon on Nov. 9-10 at the Victorian Inn and Conference Centre. The opportunity of bringing in cover and relay cropper extraordinaire and "Farm Weird" champion Jason Mauck from Indiana is a big score. Jason's social media presence is staggering. What Jason is doing interests a lot of farmers and Jason's ability to tell his farm story runs through all his posts and presentations.

It is fabulous to have Harold Perry, the dude standing by the llama in the Lays Potato Chip television commercials, of Perry Farms near Taber,

Alberta. Harold is far from the family llama handler though. In fact, the Perry's-Harold and brother Chris, were named 2026 Global Farmer of the Year by PepsiCo for their advanced soil-building techniques. Harold is a Nuffield scholar with a ton of insight and innovation that has attended our conference as a delegate. Manitoba potato, forage, and crop growers and Regen Ag focused soil builders might take note.

And when it comes to soil builders, Manitoba's own Alex Boersch is well respected for the work he is doing on the family farm near Elie, and we are pleased to have Alex at our 2026 conference podium. Alex works in Red River Gumbo, his farm advancements, challenges, and

learnings will balance an excellent presentation.

On the food and health front, Dr. Jayden Dobson, ND, will highlight the intersection of Regen Ag and healthy communities. Jayden knocked a panel appearance out of the park at last year's conference, causing us to want to hear more and learn more from the Manitou-based naturopathic doctor.

We asked Brenda Tjaden to organize a stage full of financial experts for a provocative and insightful financial panel, focusing on Regen Ag for farmers in our crowd. Brenda brought forward a group that could all probably key-note on their own merit. We expect Brenda, a farmer, direct farm marketer, and an agriculture financial consultant, to get the best out of the panel discussion featuring farm and finance

stalwarts Anna Hunter, Karel Stroebe and Adam Pukalo.

As a rule, we never forget our grassland and grazing roots; Colombia's Antonio Pinero will highlight the synergies and similarities grazing in our two far apart countries. Antonio is internationally renowned as a cattle guru and handler, to the point that two of our MFGA connected farmers Peter Tokar and Arron Nerbass spent time with him last February touring on his farms and brought back the suggestion to bring him in to share his experience and knowledge.

And finally, Ross MacDonald, a well-known conservation-minded agrologist from Lake Alma, Sask will share his stories, triumphs and tribulations around grazing and biodiversity on his family farm. No one asked me,

but I believe wholeheartedly that Ross's grassland appreciation, savvy and love for family and farm on one of the first A&W commercials around grass-fed beef was as effective and poignant as anything I have seen produced on the importance of grasslands to urban audiences. For sure, I completely agree, take out the city-focused guerrilla marketing around hormones and steroids that Ross had no control over and what you are left with is a stunning visual of a farmer working herd and grasslands the way he wants to work it.

There will be more 2026 MFGA conference news in times ahead.

What we can tell you is that:

- For the third year in a row, we have not raised conference admission fees.
- We have expanded our

family conference package to include two adults and two kids under fourteen from the same farm at no change to family rate admission fees from last year.

• Daycare will once again be funded by MFGA with coordination help from our good friends at Holistic Management Canada.

Our formidable trade show-an experience on its own for the amazing talks and exchanges with service and product experts -has sold out year after year. Please do register soon on that front to access and experience our conference crowd.

And, finally, we will not say much more about the dinner we have planned on MFGA Night, but we do plan to feed you well... or medium rare... stay tuned!! Register now at MFGA.net




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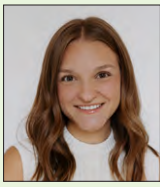


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What’s the beef?: Beef Pad Thai

So you’ve bought some beef from the store (thanks, cattle producers!), but you’re not sure what to do with it. Well, here’s a recipe from the Manitoba Beef Producers Association for a beef Pad Thai to spice things up! It was curated by chef Ann Borys for season 34 of Great Tastes of Manitoba.

The recipe makes four servings, and takes approximately 40 minutes to make (25 to prep, 15 to cook).

Pad Thai sauce:

- 1 Tbsp (15 mL) Sesame Oil
- ¼ Cup (60mL) Tamarind Paste
- ½ Cup (125 mL) Peanut Butter, smooth
- 1 Tbsp (15 mL) Fish Sauce
- 2 Tbsp (30 mL) Soy Sauce
- 1 Tbsp (15 mL) Brown Sugar
- 1 ½ Cups (375 mL) Hot Water
- 2 Thai Chili Peppers, thinly sliced (as desired)

Remaining Ingredients:

- 250 g Pad Thai (wide) Rice Noodles, prepared as per package directions

- 1 Tbsp (15 mL) Canola Oil
- 1lb (454 g) Ground Beef, lean
- 1 Tbsp (15 mL) Garlic, minced
- 1 Tbsp (15 mL) Ginger, minced
- 1 Medium Carrot, matchsticks
- ½ Medium Red Bell Pepper, julienne
- 1 Cup Bean Sprouts
- ½ Cup (125 mL) Green onion, chopped

Garnish:

- Cilantro, finely chopped
- Roasted Peanuts, chopped
- Bean Sprouts
- Green Onion, chopped

Instructions:

Place all ingredients for Pad Thai Sauce in a small pot and bring to a simmer, whisking periodically. Adjust seasoning as required.

In a large non-stick skillet over medium high heat add oil and beef. Once the beef is about 75 per cent cooked, drain excess fat then add garlic, ginger, carrots, peppers,

bean sprouts and green onion.

When vegetables are cooked, but retain a slight crunch add Pad Thai Sauce and noodles. Toss to combine and coat evenly with sauce. Adjust seasoning and add additional water as required. (Noodles should be well sauced)

Plate Pad Thai and garnish with desired toppings such as fresh bean sprouts, slivered green onion, crushed peanuts, chopped cilantro and lime wedges.

Notes: may also use striploin sliced thinly instead of ground beef and can also substitute low sodium beef stock for water for added flavour.

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Just Bees (2008) Inc.

Located in Rapid City Manitoba, Just Bees (2008) Inc. has job openings for Apiary Technician/worker. These positions are available for fulltime (30+hrs/week) from March-November for the 2027 season. Also available is Honey Harvest laborer/ General farm worker, position which is 3-4 months starting July-October for 2027.

2 Apiary Technician (6–9-month position) 1-2 yrs. experience necessary to apply. Jobs include: Help with spring check, do hive assessment and manipulation. Help with pest and disease control, help with grafting, building, and looking after nucs, help with harvest, help to apply medication and treatments *Lifting is required. Wages- \$16.40-\$20/ hr depending on experience.

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Notice



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RIVERDALE MUNICIPALITY

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **19th day of October, 2026**, at the hour of **10:00 AM**, at Riverdale Municipality, 670-2nd Avenue, Rivers, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale (the "Arrears")
23400	LOTS 17 TO 20 BLOCK 13 PLAN 236 BLTO EXC OUT OF SAID LOTS 17, 18 AND 19, MINES, MINERALS, COAL OR OTHER VALUABLE STONES AS SET FORTH IN TRANSFER NO. 25256 IN N 1/2 23-12-21 WPM. - 701 1ST AVE, RIVERS	L -\$21,600 B -\$46,400	\$5,521.34
165500	LOTS 12 AND 13 BLOCK 2 PLAN 145 BLTO EXC ALL MINES AND MINERALS VESTED IN THE CROWN (MANITOBA) BY THE REAL PROPERTY ACT IN SE 1/4 7-12-22 WPM - 2/13-2-145, BRADWARDINE	L -\$600 B -\$1,100	\$3,374.61
167600	LOTS 13, 14 AND 15 BLOCK 3 PLAN 190 BLTO IN E 1/2 7-12-22 WPM - 13/15-3-190, BRADWARDINE	L -\$900 B -\$9,300	\$3,932.17

The tax sale is subject to the following terms and conditions with respect to each property:

- The Municipality **may** exercise its right to set a reserve bid in the amount of the arrears and costs for any property.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- If the purchaser intends to bid by proxy, a letter of authorization must be provided **prior** to the start of the auction.
- The successful purchaser must bring to the auction and pay to the Riverdale Municipality a non-refundable deposit (the "Deposit") in **cash, certified cheque or bank draft** in the amount of:
 - i) The Arrears for the property PLUS
 - ii) If the property is non-residential property, GST (5% of the Arrears) or, if the purchaser is a GST registrant, provide a GST Declaration PLUS
 - iii) A fee of \$504.00 for preparation of the transfer of title documents.
- The successful bid + GST + \$504 is the "Purchase Price".
- If the Purchase Price is greater than the Deposit, the balance must be paid within 20 days of the sale.
- If the Purchase Price is less than the Deposit, the excess will be refunded to the purchaser within 5 days of the sale.
- In addition to the Purchase Price, any property taxes issued, but not yet due, and any unpaid municipal utilities must be paid by the purchaser within 20 days of the sale.
- The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs and land transfer tax, if any.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.

Dated this 14th day of September, 2026.

Managed by:



Marci Quane
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Tender

Rolling River School Division



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As per provincial guidelines, reasonable consideration will be extended to proposals /bids whose objectives are to meet educational, recreational, or cultural needs within the community.

The property is be sold as is, where is, with the purchaser to assume any and all legal costs incurred.

The highest or any tender bid not necessarily accepted.
Tenders close at 12:00 Noon, October 23, 2026.

Visit <https://www.rrsd.mb.ca/division/tenders> for property profile information / summary documents and the process to view the property and submit a bid.

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Superstitions

By Gerry Nolan
RIVERS BANNER

With Halloween fast approaching I thought I would share some superstitions that go along with just everyday living. What are some of your superstitions? You may not even realize you have them!

First off, what exactly is a superstition? A superstition is a belief that human affairs are influenced, not by purposeful behaviour or natural causes, but by magic choice and divine favour. They usually involve beliefs and practises that attempt to influence events to bring about a good outcome or avoid a bad one. Now you know!

Touch or knock on wood. Touching wood to avoid bad luck is a

superstition borrowed from medieval times when European churchgoers would touch the entrance of wooden churches in the hope of feeling a divine sense of connection via Jesus Christ's wooden crucifixion cross.

Deisidaimonia! The concept of superstition began in the fourth century BC as this Greek word translated as "A fear of god". It is the origin of the phrase "putting the fear of God in them".

See a penny as the old rhyme goes, "See a penny, pick it up and all day you'll have good luck". This is a familiar superstition that is recognized around the world, the belief that if you found a penny on the floor, it would bring

good fortune as it was a gift from the Gods and would also bring protection against evil. This one has sort of gone by the wayside as it is difficult to find many pennies these days!

In Mexico, it is believed that sleeping with a pair of scissors under your pillow can stop a bad dream. Scissors are also used by Mexicans to ward off wet weather with the belief that putting a pair of open scissors in the entrance to your home will keep the rain away. Well nothing else is working to halt the rain so give it a try. We really have nothing to lose at this point.

I will endeavour to have more Halloween and superstition stories leading up to Halloween. See you next time!

In my Opinion: Red Light means STOP

By Gerry Nolan
RIVERS BANNER

On Sept. 14, at around 7.30 am there was a vehicle collision at the intersection of number 1 highway and King Street, leading into Virden. Thankfully, as far as I know, there were no serious injuries. A vehicle from the east turning on a green light arrow to go into Virden was struck by a semi truck who did not stop for the red light. Why? Good Question!

Fast forward to September 17, I was driving into Virden coming from Lenore on highway 259. As I drove up to the lights on number 1 highway the light was red, so I stopped. Vehicles from the east were turning into Virden. As I was sitting stopped, I turned my head to the right and saw 6 or 7 semi trucks stopped on the red light going east. Obviously being stopped at the red light and starting up takes a moment or two to get moving forward. As the last of the semi trucks went forward through the green light, the last truck was going through the orange light. It was the tail end of his trailer that was in the orange. The light turned red. As I did another check to the right, here comes a semi truck barreling through a red light. He had not even slowed down even though the overhead light would be flashing down the road to the west to let the driver know he would have to stop. The truck went through so fast I really could not get the name of the company on the side of the truck.

The driver had no intention of stopping at a RED light. Why? Why does he even have a license? It seems like some companies just hire anyone and

send them out on the road. I suggest the driver obviously cannot read the signs or know what the lights mean. Just ask the good folks at Kemnay Bridge!

The RCMP cannot sit at every intersection that has lights. How many lives are lost because someone cannot understand what lights and signs mean?

What can be done to stop this recklessness?

Not all truckers are careless, and many have an excellent driver's abstract. What can be done about the drivers who do not understand the highway signs and lights? As a gentleman who delivers feed to my place of employment said, these drivers who are not trained properly are making all of truckers look bad.

I have witnessed trucks not slowing down at all going through Virden. If you are at the lights in Virden do not proceed until you check both ways to make sure that there is not a semi coming at you at full tilt. If you see such a truck, try to get a company name or license number and contact the RCMP.

If the RCMP are able to catch the offending driver, that truck should be taken off the road and the company charged with at very least failing to stop. I think also the companies need to be faced with a serious fine. Not a slap on the wrist fine, but a fine that will make them think twice about sending someone out on the highway who does not know what a sign means or a RED LIGHT for that matter! The driver should also have to go to school to understand lights and signs and good old-fashioned English before they drive again!

In my Opinion: HighMark Stadium

By Gerry Nolan
RIVERS BANNER

This past Thursday evening, I decided I was going to watch the National Football League game between the Detroit Lions and the hometown Buffalo Bills. This was the first game played in the stadium. It only cost 2.2 billion dollars to build it, and it is called Highmark Stadium.

Of course, there were a lot of things going on leading up to game time including former defensive end Bruce Smith, a former Buffalo Bill great, ringing the bell to get the crowd in a frenzy and proceeded with the anthem and then the game.

The one thing that stood out to me was the Buffalo Bills President invited the Barenaked Ladies rock band to perform O Canada! The crowd sang along and when the anthem concluded there was a tremendous applause. What

a wonderful sight to see!

There are about 8000 season ticket holders from Canada who attend Bills' home games. There were some interviews conducted from Buffalo Bills fans from the United States and this on an American television station. They proclaimed how they love Canada and loved the Canadian people coming to the games. They are our friends and neighbours. We love our Canadian brothers and sisters; they are always welcome in Buffalo!

Terry Pegula is the owner of the Buffalo Bills. He is an American billionaire businessman and petroleum engineer. He also owns the Buffalo Sabres of the National Hockey League. Terry made his fortune in oil and gas. In 2014 he purchased the Buffalo Sabres for a cool 189 million dollars. He outbid Bon Jovi and Donald Trump.

I share this story as with the ongoing trade dispute between the two countries, not all American citizens are very happy with their President and the way we as Canadians are being treated.

My hat goes off to Terry Pegula, as he allowed and he does have final say, that he invited and stood with the 60,000 plus fans and sang along with our anthem. He was obviously in favour of recognizing our nation and the fact is at Sabres games as well they always play O Canada! Thank-you Terry Pegula! The name of the stadium Highmark will not be forgotten by Canadians and for the stand you took which shows a tremendous amount of respect you have for our country. I am grateful that you purchased the professional teams and kept the American President away from our borders. Let's go Bills and Sabres!

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Roof repairs and viewing features top the list of upgrades

By Anne Davison
RIVERS BANNER

A growing need to repair or replace Hamiota’s sports complex roof was evident this July when buckets of rain came down on Hamiota Fair day and, sure enough, the rink’s roof leaked. Now, the good news—replacement will not be necessary and repairs are going ahead this fall.

The sports complex board of directors’ worst fears were allayed recently when Flynn Canada Ltd., a company specializing in repair and maintenance of large facility roofs, came and assessed Hamiota rink’s roof.

President of the rink board, Ryan Tolton said, “Through all the fundraising we did with the concert we are able to fund the project fully as it was not as big of an issue as we thought. We definitely were thinking it would be a bigger issue than it was.

“We had Flynn Canada Ltd. come out and provide us a quote on what they think needs to be done to the roof. They should be coming in the next while, (weather permitting) to fix the problems that they found,” said Tolton in a recent email.

The concert was a mid-July event hosted by the sports complex. At the Kendra Kay “Raise the Roof” concert Kay and her band plus Bethel Road Music entertained. The evening included draws and donation opportunities.

Curling Viewing

Who is closest to the button?

This season, from the comfort of the upstairs viewing area, curling spectators will be able to see the shots delivered to the far end of the rink.

“The curling club and the complex have installed cameras to help the spectators experience,” says Tolton.

Considered a capital project for the sports complex, Wes Gregory, for the Hamiota Curling Club said that



PHOTO FROM CURLING CLUB FACEBOOK

Hamiota upstairs curling viewers lounge has four screens for new cameras installed in the far end of the ice.

through Acres for Hamiota’s last year harvest the rink received funding for 50 per cent of the project’s cost.

It was an \$8,100 project and with two community volunteers doing much of the installation, Gregory said, “That saved us a ton of money... and it all worked – out of the box.”

He added that his daughter curls competitively, so the family has been in many Manitoba rinks. He said that Hamiota was one of just a few curling rinks that were not equipped with camera viewing.

Just this past week another \$1,200 came from commun-

ity members as well as “a handshake on another \$1,900.”

Gregory says, “Continuing donations will help us continue improving the curling experience for our members, spectators, and visiting players. As a thank you, every donor will be recognized with a plaque displayed in the curling club. Every donation, big or small, is greatly appreciated.”

Curling has been a strong interest in Hamiota for all ages. Gregory says in recent years the junior program has had 15 to 18 kids involved. Curling’s future looks bright in Hamiota.

SUNMONTUEWEDTHUFRI

SAT

COMMUNITY CALENDAR

Sept 25

26

Fall Thrift Sale - Rivers United Church

Prairie Crocus Library Storytime in Rivers 10am

Chase the Ace Rivers Legion 7pm

27

28

29

30

Oct 1

2

3

Rivers and Area Community Foundation Grant Deadline

Photo Submission Deadline Riverdale CDC

National Day for Truth and Reconciliation

Rivers Legion Bingo 11:30am

50 + Club Pool 1pm

50 + Floor Games 1pm

Haller Haunted Forest 7:45 - 9pm

Rivers Legion Cribbage 7pm

50+ Floor Games 1pm

Haller Haunted Forest 7:45 - 11pm

Prairie Crocus Library Storytime in Rivers 10am

Chase the Ace Rivers Legion 7pm

Haller Haunted Forest 7:45 - 11pm

PAL Course at RAGF

4

5

6

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10

Rivers Legion Bingo 11:30am

50 + Card Games 1pm

50 + Club Pool 1pm

50 + Club Cribbage 1pm

Darts Rivers Legion 7pm

Haller Haunted Forest 7:45 - 9pm

Rivers Food Bank 9:30 - 11:30am

Rivers Legion Cribbage 7pm

50+ Floor Games 1pm

Haller Haunted Forest 7:45 - 11pm

Prairie Crocus Library Storytime in Rivers 10am

Chase the Ace Rivers Legion 7pm

Haller Haunted Forest 7:45 - 11pm